

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 400M FREESTYLE MEN 11+

Heat:4, starttime: 14:40

Heat: 4/5 Lane : 2 Athlete: VANDEPITTE KYAN

Q-time: 05:30:78

PB (25m pool): 05:30.78 Ternat 29/03/2026

PB (50m pool): 05:40.40 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:21.29		no time		02:45.76
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:30.78
								

Coach feedback:

Event number: 15: 400M FREESTYLE MEN 11+

Heat:4, starttime: 14:40

Heat: 4/5 Lane : 4 Athlete: CLAES TIEBE

Q-time: 05:30:56

PB (25m pool): 05:30.56 Ternat 29/03/2026

PB (50m pool): 05:39.18 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:20.91		no time		02:44.22
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:30.56
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+

Heat:2, starttime: 15:00

Heat: 2/4 Lane : 1 Athlete: DE PRATER ELINE

Q-time: 06:15:94

PB (25m pool): 06:15.94 Zwembad De Motte 20/06/2026

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:28.42		no time		03:05.91
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:15.94
								

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:00	
Heat: 2/4 Lane : 2 Athlete: TRONCKOE BENTE							Q-time: 05:59:79	
PB (25m pool): 05:59.79 Ternat 29/03/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:22.15		no time		02:52.80
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:59.79
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 15:05	
Heat: 3/4 Lane : 4 Athlete: DELCOIGNE ELLA							Q-time: 05:18:45	
PB (25m pool): 05:19.45 Zwembad De Motte 20/06/2026				PB (50m pool): 05:18.45SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.58		no time		02:38.67
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:19.45
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 15:05	
Heat: 3/4 Lane : 6 Athlete: DE PRATER JUNO							Q-time: 05:21:07	
PB (25m pool): 05:21.07 Ternat 29/03/2026				PB (50m pool): 05:27.46SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:13.71		no time		02:36.11
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:21.07
								

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 1 Athlete: NDIAYE MAï							Q-time: 05:06:24	
PB (25m pool): 05:39.81 Leuven 12/10/2025				PB (50m pool): 05:06.24SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:38.60		01:20.71		02:04.38		02:48.24
	00:38.60		00:42.11		00:43.67		00:43.86	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:32.00		04:15.55		04:58.35		05:39.81
	00:43.76		00:43.55		00:42.80		00:41.46	
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 3 Athlete: CIOBANU ANASTASIA							Q-time: 04:45:24	
PB (25m pool): 04:45.24 Sint-Pieters-Leeuw 05/10/2025				PB (50m pool): 04:45.62SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.05		01:07.74		no time		02:21.00
	00:32.05		00:35.69					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		03:33.25		no time		04:45.24
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 5 Athlete: WYFFELS LOUISE MARIE							Q-time: 05:00:37	
PB (25m pool): 05:03.90 Ternat 29/03/2026				PB (50m pool): 05:00.37 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.51		no time		02:29.72
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:03.90
								

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:20
Heat: 3/10 Lane : 3 Athlete: JACQUEMYNS LEWIS					Q-time: 01:43:37
PB (25m pool): 01:54.54 Ternat 30/03/2025					PB (50m pool): 01:43.37 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.97		01:54.54	
	00:54.97		00:59.57		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:25
Heat: 4/10 Lane : 2 Athlete: CLAES TIEBE					Q-time: 01:39:81
PB (25m pool): 01:39.81 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:43.59 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.72		01:39.81	
	00:46.72		00:53.09		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:25
Heat: 4/10 Lane : 3 Athlete: VANDEPITTE KYAN					Q-time: 01:34:22
PB (25m pool): 01:34.22 Zwembad De Motte 14/07/2026					PB (50m pool): 01:35.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.30		01:34.22	
	00:44.30		00:49.92		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 15:25
Heat: 5/10 Lane : 4 Athlete: TRONCKOE KOBE					Q-time: 01:31:09
PB (25m pool): 01:31.09 Liedekerke 11/11/2025					PB (50m pool): 01:34.96 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.03		01:31.09	
	00:42.03		00:49.06		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:30
Heat: 6/10 Lane : 1 Athlete: VERHASSELT LARS					Q-time: 01:29:53
PB (25m pool): 01:29.53 Braine l Alleud 05/04/2026					PB (50m pool): 01:34.83 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.96		01:29.53	
	00:41.96		00:47.57		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:30
Heat: 6/10 Lane : 4 Athlete: JACQUEMYNS KOBE					Q-time: 01:27:42
PB (25m pool): 01:27.42 Braine l Alleud 05/04/2026					PB (50m pool): 01:30.93 SB: 01:29.60 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.44		01:27.42	
	00:41.44		00:45.98		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:30
Heat: 6/10 Lane : 5 Athlete: DE MESMAEKER LOANN					Q-time: 01:27:71
PB (25m pool): 01:27.71 Vilvoorde 01/03/2026					PB (50m pool): 01:28.63 SB: 01:29.05 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.76		01:27.71	
	00:41.76		00:45.95		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:9, starttime: 15:35
Heat: 9/10 Lane : 1 Athlete: CLAES ELIAN					Q-time: 01:17:96
PB (25m pool): 01:17.64 Leuven 04/10/2026					PB (50m pool): 01:21.19 SB: 01:17.64 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.45		01:17.64	
	00:36.45		00:41.19		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:45
Heat: 3/7 Lane : 4 Athlete: VERMEIR JOSEFIEN					Q-time: 01:45:72
PB (25m pool): 01:47.80 LEUVEN 21/12/2025					PB (50m pool): 01:45.72 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.64		01:47.80	
	00:51.64		00:56.16		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:45
Heat: 4/7 Lane : 1 Athlete: DE PRATER ELINE					Q-time: 01:44:34
PB (25m pool): 01:47.33 Braine l Alleud 05/04/2026					PB (50m pool): 01:44.34 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.78		01:47.33	
	00:51.78		00:55.55		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:45
Heat: 4/7 Lane : 6 Athlete: TRONCKOE BENTE					Q-time: 01:44:48
PB (25m pool): 01:44.48 Liedekerke 11/11/2025					PB (50m pool): 01:44.99 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.71		01:44.48	
	00:48.71		00:55.77		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:50
Heat: 6/7 Lane : 2 Athlete: WYFFELS LOUISE MARIE					Q-time: 01:28:95
PB (25m pool): 01:25.21 Leuven 04/10/2026					PB (50m pool): 01:31.58 SB: 01:25.21 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.26		01:25.21	
	00:40.26		00:44.95		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:50
Heat: 6/7 Lane : 4 Athlete: FRANCKX MARGAUX					Q-time: 01:25:86
PB (25m pool): 01:25.86 Temse 17/11/2025					PB (50m pool): 01:26.74 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.51		01:25.86	
	00:40.51		00:45.35		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:50
Heat: 6/7 Lane : 5 Athlete: VAN ROY ONAH					Q-time: 01:31:95
PB (25m pool): 01:31.95 Tremelo 24/05/2026					PB (50m pool): 01:37.34 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.56		01:31.95	
	00:43.56		00:48.39		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 15:50
Heat: 7/7 Lane : 3 Athlete: CIOBANU ANASTASIA					Q-time: 01:19:00
PB (25m pool): 01:19.00 Zaventem 16/02/2025					PB (50m pool): 01:22.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.11		01:19.00	
	00:37.11		00:41.89		
					

Coach feedback:

Event number: 19: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 16:10
Heat: 1/3 Lane : 3 Athlete: VANDER ELST ELLIOT					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 19: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 16:10
Heat: 2/3 Lane : 6 Athlete: VAN LAER MILLA					Q-time: 01:56:78
PB (25m pool): 01:56.78 Kapelle-op-den-Bos 19/04/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:56.78	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 16:15
Heat: 3/3 Lane : 6 Athlete: VAN DE GUCHT TIBO					Q-time: 01:36:05
PB (25m pool): 01:36.05 LEUVEN. 22/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.05	
	no time				
					

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 16:30
Heat: 2/4 Lane : 4 Athlete: NSUBUGA SOFIA					Q-time: 01:29:44
PB (25m pool): 01:29.44 Sint-Pieters-Leeuw 05/10/2025 PB (50m pool): 01:29.78 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.78		01:29.44	
	00:39.78		00:49.66		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 16:35
Heat: 3/4 Lane : 2 Athlete: DE PRATER JUNO					Q-time: 01:17:83
PB (25m pool): 01:17.83 Braine l Alleud 05/04/2026 PB (50m pool): 01:21.54 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.13		01:17.83	
	00:35.13		00:42.70		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 21: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 16:35
Heat: 3/4 Lane : 6 Athlete: DELCOIGNE ELLA					Q-time: 01:20:56
PB (25m pool): 01:21.00 Braine l Alleud 05/04/2026					PB (50m pool): 01:20.56 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.85		01:21.00	
	00:36.85		00:44.15		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/4 Lane : 1 Athlete: NDIAYE MAï					Q-time: 01:14:43
PB (25m pool): 01:19.80 Braine l Alleud 05/04/2026					PB (50m pool): 01:14.43 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.88		01:19.80	
	00:35.88		00:43.92		
					

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:40
Heat: 2/6 Lane : 1 Athlete: JACQUEMYNS LEWIS					Q-time: 01:51:74
PB (25m pool): 01:55.55 Liedekerke 11/11/2025					PB (50m pool): 01:51.74 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.31		01:55.55	
	00:52.31		01:03.24		
					

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 16:40
Heat: 3/6 Lane : 5 Athlete: DE MESMAEKER LOANN					Q-time: 01:27:04
PB (25m pool): 01:27.99 Ternat 29/03/2026					PB (50m pool): 01:27.04 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.07		01:27.99	
	00:38.07		00:49.92		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 22: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 16:45
Heat: 4/6 Lane : 2 Athlete: VERHASSELT LARS					Q-time: 01:14:75
PB (25m pool): 01:14.75 Meise 21/06/2026					PB (50m pool): 01:15.16 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.10		01:14.75	
	00:35.10		00:39.65		
					

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 16:45
Heat: 5/6 Lane : 1 Athlete: JACQUEMYNS KOBE					Q-time: 01:11:67
PB (25m pool): 01:11.20 Leuven 04/10/2026					PB (50m pool): 01:11.67 SB: 01:11.20 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.51		01:11.20	
	00:33.51		00:37.69		
					

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 16:45
Heat: 5/6 Lane : 4 Athlete: TRONCKOE KOBE					Q-time: 01:07:61
PB (25m pool): 01:07.55 Leuven 04/10/2026					PB (50m pool): 01:08.84 SB: 01:07.55 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.35		01:07.55	
	00:31.35		00:36.20		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 17:00
Heat: 5/8 Lane : 4 Athlete: VERMEIR JOSEFIEN					Q-time: 01:24:62
PB (25m pool): 01:31.42 Overijse 29/11/2025					PB (50m pool): 01:24.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.65		01:31.42	
	00:43.65		00:47.77		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 17:00
Heat: 7/8 Lane : 3 Athlete: VAN ROY ONAH					Q-time: 01:14:19
PB (25m pool): 01:14.19 Meise 21/06/2026			PB (50m pool): 01:16.54 SB: 01:17.41 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.94		01:14.19	
	00:35.94		00:38.25		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 17:00
Heat: 7/8 Lane : 4 Athlete: FRANCKX MARGAUX					Q-time: 01:14:36
PB (25m pool): 01:12.86 Leuven 04/10/2026			PB (50m pool): 01:16.82 SB: 01:12.86 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.36		01:12.86	
	00:35.36		00:37.50		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 17:00
Heat: 7/8 Lane : 6 Athlete: NSUBUGA SOFIA					Q-time: 01:16:94
PB (25m pool): 01:07.98 Leuven 16/10/2022			PB (50m pool): 01:21.42 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.98	
	no time				
					

Coach feedback:

Event number: 24: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 17:15
Heat: 5/7 Lane : 6 Athlete: CLAES ELIAN					Q-time: 01:19:08
PB (25m pool): 01:19.08 Liedekerke 11/11/2025			PB (50m pool): 01:21.65 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.20		01:19.08	
	00:38.20		00:40.88		
					

Coach feedback: